ST. CLAIR CATHOLIC DISTRICT SCHOOL BOARD

SPECIAL EDUCATION ADVISORY COMMITTEE MEETING

Monday, May 13, 2019 at 5:30 p.m.

Catholic Education Centre, Wallaceburg - Ursuline Room

MINUTES

COMMITTEE MEMBERS:

Community Living Wallaceburg Ryan Allaer / Wendy Smith

Community Living Chatham-Kent Steve Stokley

Community Living Sarnia-Lambton Rachel Veilleux / Brenda Roby

VOICE for Hearing Impaired Children Kathy Arcuri-Arnott

Down Syndrome Association – Lambton County Kim D'Hooghe

Autism Ontario – Chatham-Kent Chapter Tracey Haddy

Children's Treatment Centre of Chatham-Kent Jessica Constancio

Wellness & Emotional Support For Youth Online Michelle Parks

Trustee Brenda Rumble

Linda Ward

Principal Representatives Cynthia Blair

Colleen Cogghe Ed Freeburn Stacy Shepley

Board Advisors Lisa Demers

Brendan Deery Janet Boyle Chris Preece

Lisa Thompson-Power

Sara Vadovic

Guests: Joan Martell

Regrets: Lisa Demers, Colleen Cogghe, Kathy Arcuri-Arnott, Michelle Parks, Linda Ward, Jessica Constancio,

Janet Boyle, Chris Preece, Cynthia Blair, Kim D'Hooghe

Absent: Kim D'Hooghe

1. CALL TO ORDER

- A. Welcome & Opening Prayer
- B. Adoption of Agenda

MOTION BY Steve Stokley and seconded by Wendy Smith to adopt the agenda.

CARRIED

C. Review of Minutes from January

MOTION BY Steve Stokley and seconded by Tracey Haddy to accept the minutes from the April 8, 2019 meeting.

CARRIED

2. PRESENTATIONS

A. Accessibility Report

Sara Vadovic

- The Plan describes the steps that the Board has taken in the current (2018-2019) school year as well as measures that will be taken during the next (2019-2020) school year.
- It identifies, removes and prevents barriers to people with disabilities who work, learn and participate in various environments within the School Board community.
- A "barrier is anything that prevents a person with a disability from full participation in society because
 of that disability
- Examples of barriers include: attitudinal barriers, architectural/physical barriers, technological barriers, information/communication barriers, and policies or practices which create barriers
- The St. Clair Catholic District School Board's accessibility plan will be posted on the Board website following approval of the Trustees at an upcoming Board Meeting

B. Lexia Power Up Joan Marte

- Joan shared information on the instructional pedagogy and skill areas of Power Up. She highlighted the student online experience and the student data collection and demonstrated how it is used to plan instruction and access targeted instructional materials.
- Time was spent by the group accessing the classroom implementation stage and the teacher role with regard to Power Up
- The Scope and Sequence for specific areas of Power Up were shared
- SEAC members signed into Lexia Power Up where Joan walked them through a Teacher Demo and the Demo Site Student Portal

3. ASSOCIATION REPORTS

A. Community Living Wallaceburg

Wendy Smith

- CL Wallaceburg is hosting a "Business After 5" event this Thursday, May 16, 2019 as well as "Three Rivers Roll" on Tuesday, June 18, 2019. All are welcome
- It is Community Living month

B. Community Living Chatham-Kent

Steve Stokley

- Thursday, May 16, 2019 CL Chatham-Kent is hosting a free movie night starting at 7:00 pm in Chatham
- C. Community Living Sarnia-Lambton

Brenda Roby

No Report

D. VOICE for Hearing Impaired Children

Kathy Arcuri-Arnott

No Report

E. Down Syndrome Association - Lambton County

Kim D'Hooghe

No Report

F. Autism Ontario - Chatham-Kent Chapter

Tracey Haddy

- There is a social learning opportunity for kids and families
- Autism Ontario is hosting a bowling event at end of May 2019, and in June 2019 there is an event going to Greenview Aviaries
- G. Children's Treatment Centre of Chatham-Kent

Jessica Constancio

No Report

H. Wellness & Emotional Support For Youth Online

Michelle Parks

No Report

4. <u>UNFINISHED BUSINESS AND BUSINESS ARISING FROM MINUTES</u>

N/A

5. **NEW BUSINESS**

N/A

6. INFORMATION ITEMS

A. Self-Regulation – Dr. Susan Hopkins, April 11 & 12, 2019

Lisa Thompson-Power

- The Collaborative Support Team and Consultants attended the workshop
- Day 1 was devoted to "Misbehaviour or Stress Behaviour? How the 5 Practices of Self-Regulation Support Well-Being"
- It explored three specific areas:
 - o Why understanding the impact of excessive stress on children matters so much.
 - o How to recognize the difference between challenges of self-regulation and self-control.
 - What you can do to help a child whose stress "backpack" is more than he or she can manage on her own.
- Day 2 was devoted to "Reframing Resilience"
- The take away messages from the day were:
 - o Resilience is not an individual trait and it is not fixed.
 - o Resilience is about homeostasis, in other words, brain-body self-regulation
 - o "Maladaptive" is self-regulation. The goal is beneficial modes of self-regulation
 - o It is not about teaching resilience as much as it's about creating the conditions for it
 - Self-Reg has 5 practices to recognize manageable, even healthy, stress and keep tension and energy in balance.
- B. FASD Presentation, May 14, 2019

Brendan Deery

- The entire Special Education Department will attend FASD training
- Jessica Constancio and Amber Arnold from Sarnia are leading the half day training session
- C. Teen Transition Fair, May 1, 2019

Sara Vadovic

- This year we held the Teen Transition Fair at UCC where 47 people registered to attend (parents, children, and family members)
- Over 20 community partners set up information tables for families to visit and obtain information about their agency
- The UCC "Foods" teacher catered the event and the Children's Treatment Centre respite coordinator provided respite on-site so that parents could focus on the presentations
- The presentations included: DSO, JobMatch/JobWorx, and the Options Program

D. Other Side of Broken - Trauma, April 30, 2019

Lisa Thompson-Power

- Chris Preece and the Consultants attended the workshop
- Brian Knowler shared his journey of trauma and subsequent PTSD and how it affected all aspects of his life
- He shared his treatment plan and how he pieced his life back together after years of support
- He shared how he now "gives back" based on his personal experience and journey
- The discussion supported positive mental health and the negative effect stigma toward mental health can have in one's experience and recovery
- The afternoon session focused on: Operational Stress Injuries: Burnout, Compassion Fatigue and Vicarious Trauma

7. REPORTS FROM THE BOARD

- Next meeting the announcement of the name of the new school will be shared
- Upcoming work will be on the budget

8. QUESTIONS ASKED BY COMMITTEE MEMBERS

N/A

9. FUTURE MEETING DATES

June 10, 2019

10. FUTURE AGENDA ITEMS:

N/A

11. ADJOURNMENT

MOTION BY Brenda Roby and seconded by Wendy Smith to adjourn the meeting at 7:16 pm.

CARRIED